

Hello everyone

Well, we've certainly experienced extremes of temperature these last few weeks. As I write this, it's warm and sunny, so let's hope the good weather is here to stay.

Can I thank all of you who kindly sponsored my sister Kareen in the Reading Half-Marathon last month. She loves running this course and was delighted with her time of 1 hour 48 minutes, and also with a total of over £300 raised for Arthritis Matters.

There's plenty going on in the next few months so do try and come along to some of our events and activities. We have our AGM coming up soon, so if anyone has either a question they wish to raise, or would like to stand for committee, please email our Secretary, Arlene Riley, at arlene.riley@outlook.com

Best wishes

Kim

Pete Dance



It is with great sadness that we have to report the death of dear friend Pete Dance, who along with his wife Trish, have been very active and supportive members of Arthritis Matters for the past

few years, attending tai chi classes and social events. Pete had been ill for some time, and died peacefully in the RBH in February. Many members of Arthritis Matters attended his funeral. Our very best wishes go to Trish and the family.

Pete's family decided that instead of flowers, they would like people to make donations to Arthritis Matters, and the wonderful total of £1070 has been collected.

Trish has asked that we share part of this with our members by paying for afternoon tea for everyone on our summer boat trip, in his memory..... "Pete's Treat"!

WELCOME

A warm welcome to new members
Pamela Prosser and Russell Ayling



May Social and AGM

Date: Wednesday 15th May 7.30pm

Venue: The Maples, Rivermead Sports Centre

Parking: Parking is plentiful but is monitored by a CCTV number-plate recognition system.

Members with a blue badge can park for free, but must go into the main reception area to get their badge validated. All others will need to pay at the machine, (£1 for 3 hours), but this will entitle you to an extra raffle ticket. That can't be bad, can it?

Do try and come if you can.

DATES FOR THE DIARY

Wed 15th May 7.30pm

AGM + Talk by Cyrilene Tollafeld " From Barbados to England"
The Maples, Rivermead Leisure Centre

Sat 8th June 11.00-4.00pm

League of Friends Fete, Tilehurst

Tues 18th June 2.30-4.00pm

Afternoon Tea, Calcot Hotel

Monday 15th July

Summer Outing (See separate invitation)

Don't forget

Membership Subscriptions



Thank you to all those of you who have renewed your membership for this year. For those who haven't yet done so, and who want to continue participating in our various activities and receive our newsletters, subscriptions (£15) need to be received as soon as possible. (Cheques payable to Arthritis Matters, may be sent to Membership Secretary, Deborah Catherall, 87 Oaktree Rd, Tilehurst, Reading RG31 6LA or handed to a committee member.)

Please note: If you wish to be included in our Summer Outing, or join in hydrotherapy, you need to be a fully paid-up member of Arthritis Matters for 2019.

GET WELL WISHES

Danni Preece Ellen Godden
Rosemary Bradford



HYDRO UPDATE



Those of you who are regular hydro pool users will know of the frustrating times we've had since the beginning of the year. The hospital has explained that there have been major problems with the old heating pipes throughout Battle Block, and as a result the pool temperature hasn't met the required level.

However, there is light at the end of the tunnel, as they have fitted a part which should fix the problem in the short term.

So don't hold your breath, but be ready just in case! We will email everyone on a Monday morning as soon as we have any good news, and will phone those not on the internet.

We can only apologise for something that is beyond our control.

New Website coming soon.....



Take a look at www.arthritismattersreading.co.uk for all our up to date news and information.

League of Friends Summer Fete



We shall be holding a tombola stall at this year's fete on **Saturday June 8th, 11-4pm**, which takes place at Victoria Recreation Ground, Tilehurst. Hopefully the weather will look kindly on us, and lots of you will be able to come along. If you have any **new** gifts you could donate as tombola prizes, please let one of the committee know, or bring them along to tai chi, hydro or the AGM. All donations gratefully received.

GOOD NEWS



The Thames Valley Flower Club, which meets in Calcot, has very kindly chosen Arthritis Matters for its annual charity for 2019.

Later in the year we will go along to one of their meetings and tell their members about our various activities and events. You never know, we might even pick up some new members for Arthritis Matters.

Afternoon Tea



Why not join us at the Calcot Hotel on **Tuesday 18th June 2.30pm**, for tea and cake? It's a good chance to meet fellow members and make new friends. The cost is just £2.

TAI CHI

Term starts w/b **April 29th** and finishes w/b **July 8th**. We will not meet on Bank Holidays or, for the Southcote class, the school half-term in May.

Contact us:

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